

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****Women 60 Meter Dash**

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Anderson, Deja	SO Illinois College	7.95	7.89q	3
2 Moore-Bell, Makaiha	SO Monmouth (Ill.)	7.97	7.92q	3
3 Garrett, Haley	SO Illinois College	8.10	8.03q	3
4 Jones, Fynesse	JR Illinois College	8.14	8.05q	3
5 Jones, AJ	JR Lake Forest	8.07	8.06q	3
6 Rusk, Maddie	JR Monmouth (Ill.)	8.18	8.07q	3
7 Murray, McKenzie	FR Illinois College	8.11	8.09q	3
8 Taylor, Ava	SR Grinnell	8.30	8.23q	2
9 Hoffa, Sidney	SO Ripon	8.18	8.25	3
10 Landers, Rajanea	FR Grinnell	8.30	8.36	2
11 Erickson, Jenna	SR Ripon	8.59	8.54	2
12 Tawfik, Farah	FR Lake Forest	8.50	8.65	2
13 Thompson, Klaire	SO Grinnell	8.71	8.68	2
14 Casey, Naomee	JR Beloit		8.94	1
15 Fernandez, Andrea	FR Lake Forest		9.09	1
16 Barringer, Leah	FR Grinnell	8.70	9.10	2
17 Ruslanova, Altynai	FR Knox	10.10	9.92	2
18 Ousley, Ellie	JR Beloit	10.28	10.03	2
19 Akosa, Yaa	SO Beloit	10.43	10.49	1
20 Pagliarini, Ray	FR Beloit	10.71	10.62	1

Women 60 Meter Dash

Name	Year School	Prelims	Finals	Points
Finals				
1 Garrett, Haley	SO Illinois College	8.03	7.90	10
2 Moore-Bell, Makaiha	SO Monmouth (Ill.)	7.92	7.93	8
3 Anderson, Deja	SO Illinois College	7.89	7.99	6 7.982
4 Jones, AJ	JR Lake Forest	8.06	7.99	5 7.988
5 Jones, Fynesse	JR Illinois College	8.05	8.08	4
6 Murray, McKenzie	FR Illinois College	8.09	8.10	3
7 Rusk, Maddie	JR Monmouth (Ill.)	8.07	8.14	2
8 Taylor, Ava	SR Grinnell	8.23	8.24	1

Women 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Garrett, Haley	SO Illinois College	26.23	25.94	5	10
2 Murray, McKenzie	FR Illinois College	26.48	26.22	5	8
3 Jones, Fynesse	JR Illinois College	26.59	26.23	4	6
4 Moore-Bell, Makaiha	SO Monmouth (Ill.)	26.95	26.41	2	5
5 Rusk, Maddie	JR Monmouth (Ill.)	26.49	26.46	4	4
6 Trimmingham, Aleese	SO Illinois College	26.77	26.79	3	3
7 Hoffa, Sidney	SO Ripon	27.14	26.82	2	2
8 Jones, AJ	JR Lake Forest	27.55	26.97	1	1
9 Landers, Rajanea	FR Grinnell	26.80	27.14	3	
10 Echols, Jaeonie	SR Beloit	28.41	28.83	1	
11 Casey, Niomee	JR Beloit	29.36	29.04	5	
12 Bullers-Shah, Willa	SO Lake Forest	29.63	29.07	4	
13 Cross, Morgan	SO Lawrence	29.95	29.34	2	

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14	Murphy, Naomi	SO	Beloit	29.88	29.43	3
15	Casey, Naomee	JR	Beloit	31.67	30.41	2
16	Vega Juarez, Itzel	JR	Lawrence	31.00	30.68	4
17	N'Diaye, Liya	FR	Lake Forest		30.76	1
18	Sendall, Lexi	JR	Knox	31.28	32.06	3
19	Ruslanova, Altynai	FR	Knox	34.94	33.19	1
--	Willingham, T'Shareah	FR	Knox	30.68	DQ	5

Women 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Ziegler, Willow	SO	Cornell College	1:01.63	1:00.67	5	10
2 Oakley, Brooke	SR	Illinois College	1:00.96	1:01.32	5	8
3 Furch, Alayna	SR	Beloit	1:01.89	1:01.65	4	6
4 Woyak, Madylyn	SO	Ripon	1:01.79	1:01.71	4	5
5 Skorczewski, Gaby	SO	Lawrence	1:02.64	1:02.40	2	4
6 Carolan, Hailey	JR	Cornell College	1:01.98	1:03.00	3	3
7 Crowe, Maile	SR	Grinnell	1:02.73	1:03.09	2	2
8 Trudell, Tatum	FR	Ripon	1:02.63	1:03.44	3	1
9 Kenosi, One	JR	Lake Forest	1:05.64	1:05.12	5	
10 Shriver, Jillian	FR	Cornell College	1:06.85	1:05.95	4	
11 Ibarra, Devin	SR	Ripon	1:05.19	1:06.22	1	
12 Tawfik, Farah	FR	Lake Forest	1:07.92	1:06.76	1	
13 Fernandez, Andrea	FR	Lake Forest	1:07.21	1:07.18	3	
14 Kaczmarczyk, Crystal	JR	Grinnell		1:07.27	4	
15 Ong, Caitlin	SO	Grinnell	1:07.63	1:07.72	2	
16 Rabbani, Allison	SR	Grinnell		1:09.42	3	
17 N'Diaye, Liya	FR	Lake Forest	1:08.70	1:09.69	5	

Women 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Claussen-Tubbs, Ava	SO	Cornell College	2:17.21	2:15.93	3	10
2 Cortes, Jenny	JR	Ripon	2:14.33	2:16.82	3	8
3 Westra, Mila	FR	Lawrence	2:16.73	2:19.92	3	6
4 Shultz, Tennyson	FR	Grinnell	2:22.97	2:23.52	3	5
5 Roark, Hannah	JR	Grinnell	2:17.39	2:24.19	3	4
6 Bonner, Sindri	FR	Grinnell	2:25.26	2:25.11	3	3
7 Onukaogu, Faith	JR	Lawrence	2:24.88	2:26.20	3	2
8 Vu, Noelle	FR	Grinnell	2:25.39	2:27.97	3	1
9 Miller, Cole	SO	Beloit	2:27.75	2:33.44	2	
10 Hoffman, Minnie	SO	Ripon	2:26.07	2:34.17	3	
11 Peters, Caroline	SO	Illinois College	2:32.00	2:35.73	2	
12 Partsch, Jane	SO	Lawrence	2:38.34	2:40.39	2	
13 Page, Murray	SO	Cornell College	2:40.29	2:41.02	1	
14 Love, Abby	SO	Illinois College	2:38.45	2:44.27	2	
15 Henze, Laura	SO	Lawrence	2:33.36	2:45.77	2	
16 Tufte, Selin	FR	Beloit	2:47.87	2:55.22	1	
17 Huffman, Avery	SO	Lake Forest	2:54.50	2:57.50	1	
18 Gleason, Grace	FR	Lake Forest	3:06.85	3:02.43	1	
19 Carpenter, Carly	FR	Beloit	3:04.04	3:14.60	1	
20 Koning, Meghan	SO	Beloit	3:30.98	3:25.47	1	

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****Women 1 Mile Run**

Name	Year	School	Seed	Finals	H#	Points
1 Roark, Hannah	JR	Grinnell	5:07.85	5:01.53	2	10
2 Cortes, Jenny	JR	Ripon	5:02.70	5:02.48	2	8
3 Westra, Mila	FR	Lawrence	5:16.33	5:14.57	2	6
4 Shultz, Tennyson	FR	Grinnell	5:23.59	5:20.21	2	5
5 Bonner, Sindri	FR	Grinnell	5:26.14	5:20.74	2	4
6 Hoda, Lettia	SO	Lake Forest	5:27.63	5:21.71	2	3
7 Dahlman, Lidia	FR	Cornell College	5:25.87	5:25.53	2	2
8 Sherman, Kiki	SR	Ripon	5:26.28	5:25.79	2	1
9 Winebrenner, Riley	JR	Lawrence	5:26.87	5:27.06	2	
10 Engbert, Mackenzie	SO	Cornell College	5:34.69	5:29.12	2	
11 Lammers, Katie	SR	Cornell College	5:32.14	5:33.85	2	
12 Hilliard, Frances	SR	Knox	5:35.37	5:35.05	2	
13 Ebel, Beatrice	FR	Grinnell	5:36.47	5:42.69	1	
14 Partsch, Jane	SO	Lawrence	5:54.80	5:52.43	1	
15 De Montigny, Simone	JR	Beloit	5:49.42	5:54.24	1	
16 Jorgensen, Delfina	SR	Lake Forest	6:04.56	6:08.53	1	
17 Browne, Carter	SR	Beloit	6:11.25	6:11.41	1	
18 Love, Abby	SO	Illinois College	6:13.43	6:20.52	1	
19 Stockdale, Mary	FR	Knox	6:28.80	6:22.83	1	
20 Tufte, Selin	FR	Beloit	6:26.71	6:25.34	1	
21 Sheetz, Eileen	JR	Knox	6:19.00	6:26.57	1	
22 Carpenter, Carly	FR	Beloit	6:48.05	6:46.77	1	
23 Czauderna, Amy	JR	Lake Forest	7:03.93	6:57.91	1	

Women 3000 Meter Run Heat 2@ 2:40

Name	Year	School	Seed	Finals	H#	Points
1 Roark, Hannah	JR	Grinnell	10:14.03	10:15.93	2	10
2 Berger, Joley	FR	Ripon	10:39.43	10:28.43	2	8
3 Koppes, Alyza	JR	Cornell College	10:52.28	10:30.28	2	6
4 Madigan, Genevieve	FR	Grinnell	10:53.83	10:33.27	2	5
5 Roth, Hannah	SO	Grinnell	10:46.45	10:36.09	2	4
6 Dahlman, Lidia	FR	Cornell College	10:52.77	10:39.15	2	3
7 Bonner, Sindri	FR	Grinnell	10:54.60	10:42.77	2	2
8 Oliver, Cristyn	JR	Lawrence	10:55.41	10:44.35	2	1
9 Allard, Gabby	SO	Ripon	10:45.26	10:52.41	2	
10 Winebrenner, Riley	JR	Lawrence	10:58.02	10:59.42	2	
11 Juarez, Ximena	SO	Ripon	11:17.83	11:20.49	2	
12 Costello, Samantha	SO	Monmouth (Ill.)	11:22.03	11:34.98	2	
13 Hilliard, Frances	SR	Knox	11:31.88	11:35.75	1	
14 De Montigny, Simone	JR	Beloit	11:36.40	11:49.81	1	
15 Mahler, Greta	SR	Ripon	12:16.35	11:58.57	1	
16 Browne, Carter	SR	Beloit	12:30.49	12:51.64	1	
17 Claghorn, Hannah	FR	Illinois College	13:49.29	13:28.04	1	
18 Russell, Emmeline	SR	Beloit	13:56.53	13:44.04	1	

Women 5000 Meter Run Heat 2@ 4:00

Name	Year	School	Seed	Finals	H#	Points
1 Berger, Joley	FR	Ripon	18:09.95	18:16.00	2	10
2 Koppes, Alyza	JR	Cornell College	18:15.97	18:25.61	2	8

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****....Women 5000 Meter Run Heat 2@ 4:00**

3	Madigan, Genevieve	FR	Grinnell	19:00.60	18:29.47	2	6
4	Allard, Gabby	SO	Ripon		18:29.98	1	5
5	Roth, Hannah	SO	Grinnell	19:18.57	18:30.85	2	4
6	Oliver, Cristyn	JR	Lawrence		18:38.97	1	3
7	Graham, Sophie	FR	Lake Forest	18:54.21	18:50.43	2	2
8	Wharton-Hsieh, Emma	SO	Grinnell	19:28.59	19:16.25	2	1
9	Seeley, Carley	FR	Cornell College	19:11.94	19:19.92	2	
10	Frodl, Edythmae	SR	Lawrence		19:20.49	1	
11	Wang, Cindy	FR	Grinnell	19:52.10	19:45.54	2	
12	Juarez, Ximena	SO	Ripon	19:32.48	19:58.86	2	
13	Costello, Samantha	SO	Monmouth (Ill.)	20:17.18	20:00.42	1	
14	Garcia, Mya	SO	Ripon	19:49.42	20:02.17	2	
15	Luntsford, Paige	FR	Monmouth (Ill.)	21:32.06	20:12.91	1	
16	Stumbo, Sophie	SO	Cornell College	20:12.97	20:15.55	2	
17	Anderson, Natalie	JR	Lawrence	20:56.70	21:15.83	1	
18	Clark, Ellie	FR	Lake Forest	22:53.40	21:38.72	1	
19	Wunderlich, Eli	SO	Lawrence	22:17.74	22:32.80	1	
20	Russell, Emmeline	SR	Beloit	24:44.48	23:59.07	1	

Women 60 Meter Hurdles

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Trimingham, Aleese	SO	Illinois College	9.24	9.34q 2
2	Yank, Irene	SR	Lawrence	9.90	9.92q 2
3	Goodman, Jessie	JR	Grinnell	10.29	10.22q 2
4	Fowler, Maddy	FR	Lawrence	10.51	10.33q 2
5	Casey, Niomee	JR	Beloit	10.52	10.47q 2
6	Han, Jacquelyn	JR	Lake Forest	10.39	10.68q 2
7	Rivera, Patricia	SR	Illinois College	10.80	10.81q 2
8	Arnhold, Nicole	JR	Ripon	10.98	10.90q 2 10.893
9	Gonzalez, Natalie	FR	Monmouth (Ill.)	10.99	10.90 1 10.894
10	Points, Tatum	FR	Monmouth (Ill.)	11.20	10.94 1
11	Carlin, Haley	SO	Beloit	11.55	11.32 1

Women 60 Meter Hurdles

Name	Year	School	Prelims	Finals	Points
Finals					
1	Trimingham, Aleese	SO	Illinois College	9.34	9.16 10
2	Yank, Irene	SR	Lawrence	9.92	9.87 8
3	Goodman, Jessie	JR	Grinnell	10.22	10.24 6
4	Fowler, Maddy	FR	Lawrence	10.33	10.43 5
5	Han, Jacquelyn	JR	Lake Forest	10.68	10.54 4
6	Arnhold, Nicole	JR	Ripon	10.90	10.78 3
7	Casey, Niomee	JR	Beloit	10.47	10.80 2
8	Rivera, Patricia	SR	Illinois College	10.81	10.94 1

Women 4x200 Meter Relay

School	Seed	Finals	H#	Points
1	Illinois College 'A'	1:45.20	1:44.12	2 10

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****....Women 4x200 Meter Relay**

1) Garrett, Haley SO	2) Oakley, Brooke SR				
3) Jones, Fynesse JR	4) Anderson, Deja SO				
2 Grinnell 'A'	1:49.37	1:47.00	2	8	
1) Mayo, Lily FR	2) Taylor, Ava SR				
3) Crowe, Maile SR	4) Landers, Rajanea FR				
3 Beloit 'A'	1:52.10	1:48.99	2	6	
1) Furch, Alayna SR	2) Gama, Jaslyn FR				
3) Miller, Cole SO	4) Echols, Jaeonie SR				
4 Monmouth (Ill.) 'A'	1:50.70	1:49.03	2	5	
1) Rusk, Maddie JR	2) Moore-Bell, Makaiha SO				
3) Rexroat, Delaney SR	4) Gonzalez, Natalie FR				
5 Ripon 'A'	1:50.57	1:50.13	2	4	
1) Hoffa, Sidney SO	2) Trudell, Tatum FR				
3) Weiss, Heleyna SO	4) Woyak, Madylyn SO				
6 Cornell College 'A'	2:00.98	1:50.75	1	3	
1) Ziegler, Willow SO	2) Hugart, Alexa FR				
3) Bear, Sia FR	4) Carolan, Hailey JR				
7 Lake Forest 'A'	1:54.76	1:52.20	1	2	
1) Jones, AJ JR	2) Tawfik, Farah FR				
3) Bullers-Shah, Willa SO	4) Kenosi, One JR				
8 Lawrence 'A'	1:55.32	1:54.07	1	1	
1) Skorczewski, Gaby SO	2) Fowler, Maddy FR				
3) Vanden Acker, Anna JR	4) Yank, Irene SR				

Women 4x400 Meter Relay

School	Seed	Finals	H#	Points	
1 Illinois College 'A'	4:09.32	4:04.16	2	10	
1) Rhoades, Kami FR	2) Murray, McKenzie FR				
3) Trimmingham, Aleese SO	4) Oakley, Brooke SR				
2 Grinnell 'A'	4:10.73	4:06.33	2	8	
1) Shultz, Tennyson FR	2) Vu, Noelle FR				
3) Roark, Hannah JR	4) Crowe, Maile SR				
3 Cornell College 'A'	4:16.06	4:09.76	2	6	
1) Ziegler, Willow SO	2) Carolan, Hailey JR				
3) Hugart, Alexa FR	4) Claussen-Tubbs, Ava SO				
4 Beloit 'A'	4:16.73	4:12.00	1	5	
1) Miller, Cole SO	2) Furch, Alayna SR				
3) Gama, Jaslyn FR	4) Echols, Jaeonie SR				
5 Lawrence 'A'	4:16.36	4:13.71	2	4	
1) Skorczewski, Gaby SO	2) Westra, Mila FR				
3) Onukaogu, Faith JR	4) Henze, Laura SO				
6 Ripon 'A'	4:12.12	4:15.73	2	3	
1) Cortes, Jenny JR	2) Trudell, Tatum FR				
3) Weiss, Heleyna SO	4) Woyak, Madylyn SO				
7 Monmouth (Ill.) 'A'		4:19.88	1	2	
1) Moore-Bell, Makaiha SO	2) Johnson, Danielle SO				
3) Gonzalez, Natalie FR	4) Rusk, Maddie JR				
8 Lake Forest 'A'	4:35.16	4:20.32	1	1	
1) Jones, AJ JR	2) Tawfik, Farah FR				
3) Han, Jacquelyn JR	4) Kenosi, One JR				

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****Women 1600 Sprint Medley**

School	Seed	Finals	H#	Points
1 Cornell College 'A'	4:54.09	4:13.57	2	10
1) Hugart, Alexa FR	2) Carolan, Hailey JR			
3) Ziegler, Willow SO	4) Claussen-Tubbs, Ava SO			
2 Ripon 'A'	4:31.23	4:19.74	2	8
1) Weiss, Heleyna SO	2) Ibarra, Devin SR			
3) Woyak, Madylyn SO	4) Hoffman, Minnie SO			
3 Grinnell 'A'	4:22.80	4:19.90	2	6
1) Mayo, Lily FR	2) Taylor, Ava SR			
3) Crowe, Maile SR	4) Vu, Noelle FR			
4 Illinois College 'A'	4:30.35	4:21.33	2	5
1) Murray, McKenzie FR	2) Oakley, Brooke SR			
3) Rhoades, Kami FR	4) Peters, Caroline SO			
5 Lawrence 'A'	4:46.51	4:23.56	2	4
1) Skorczewski, Gaby SO	2) Cross, Morgan SO			
3) Fajardo-Wilde, Ella SO	4) Onukaogu, Faith JR			
6 Beloit 'A'		4:28.35	1	3
1) Furch, Alayna SR	2) Echols, Jaeonie SR			
3) Gama, Jaslyn FR	4) Miller, Cole SO			
7 Monmouth (Ill.) 'A'		4:37.08	1	2
1) Moore-Bell, Makaiha SO	2) Gonzalez, Natalie FR			
3) Bivolarov, Melissa SO	4) Johnson, Danielle SO			
8 Lake Forest 'A'		4:51.37	1	1
1) Tawfik, Farah FR	2) Fernandez, Andrea FR			
3) Kenosi, One JR	4) Jorgensen, Delfina SR			

Women Distance Medley

School	Seed	Finals	Points
1 Ripon 'A'		12:54.26	10
1) Hoffman, Minnie SO	2) Sherman, Kiki SR		
3) Ibarra, Devin SR	4) Allard, Gabby SO		
2 Cornell College 'A'	13:35.70	13:05.15	8
1) Engbert, Mackenzie SO	2) Hugart, Alexa FR		
3) Seeley, Carley FR	4) Lammers, Katie SR		
3 Grinnell 'A'	13:59.39	13:09.48	6
1) Kaczmarczyk, Crystal JR	2) Thompson, Klaire SO		
3) Ong, Caitlin SO	4) Ebel, Beatrice FR		
4 Lake Forest 'A'		13:27.04	5
1) Graham, Sophie FR	2) Fernandez, Andrea FR		
3) Huffman, Avery SO	4) Hoda, Lettia SO		
5 Monmouth (Ill.) 'A'		13:42.55	4
1) Bivolarov, Melissa SO	2) Gonzalez, Natalie FR		
3) Johnson, Danielle SO	4) Costello, Samantha SO		
6 Knox 'A'		13:46.61	3
1) Goodin, Cecilia SO	2) Thunhurst, Zoe FR		
3) Sheetz, Eileen JR	4) Hilliard, Frances SR		
7 Beloit 'A'	14:17.27	13:49.95	2
1) Browne, Carter SR	2) Gama, Jaslyn FR		
3) Miller, Cole SO	4) De Montigny, Simone JR		
8 Illinois College 'A'	14:07.37	13:54.44	1
1) Carrino, Morgan SO	2) Rhoades, Kami FR		
3) Love, Abby SO	4) Peters, Caroline SO		

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-- Lawrence 'A' DNF
 1) Winebrenner, Riley JR 2) Henze, Laura SO
 3) Fajardo-Wilde, Ella SO 4) Oliver, Cristyn JR

Women High Jump

Name	Year School	Seed	Finals	Points
1 Carolan, Hailey	JR Cornell College	1.69m	1.59m 5-02.50	10
2 Studinski, Chloe	SO Ripon	1.56m	1.56m 5-01.25	8
3 Oakley, Brooke	SR Illinois College	1.50m	1.53m 5-00.25	6
4 Kragie, Natalie	FR Lawrence	1.50m	1.45m 4-09.00	5
5 Murphy, Naomi	SO Beloit	1.46m	J1.45m 4-09.00	4
6 Anderson, Lauren	SR Monmouth (Ill.)	1.40m	1.40m 4-07.00	2
6 Arnhold, Nicole	JR Ripon	1.42m	1.40m 4-07.00	2
6 Mayo, Lily	FR Grinnell	1.53m	1.40m 4-07.00	2
9 Long, Ashlee	SO Lawrence	1.41m	1.25m 4-01.25	
10 Anderson, Natalie	JR Lawrence		1.20m 3-11.25	
11 Thunhurst, Zoe	FR Knox	1.25m	J1.20m 3-11.25	

Women Pole Vault

Name	Year School	Seed	Finals	Points
1 Hursey, Miranda	JR Monmouth (Ill.)	3.52m	3.40m 11-01.75	10
2 Benson, Madeline	SR Illinois College	3.52m	J3.40m 11-01.75	8
3 Dailey, Megan	SR Monmouth (Ill.)	3.11m	3.10m 10-02.00	5.50
3 Casey, Naomee	JR Beloit	3.08m	3.10m 10-02.00	5.50
5 Rexroat, Delaney	SR Monmouth (Ill.)	2.96m	2.95m 9-08.00	4
6 Carlin, Haley	SO Beloit	2.50m	2.65m 8-08.25	3
7 Gorinshteyn, Alice	FR Lawrence	2.30m	2.35m 7-08.50	2
8 Fowler, Maddy	FR Lawrence	2.28m	2.20m 7-02.50	1

Women Long Jump

Name	Year School	Seed	Finals	H#	Points
1 Anderson, Deja	SO Illinois College	5.44m	5.48m 17-11.75	2	10
2 Rusk, Maddie	JR Monmouth (Ill.)	5.08m	5.40m 17-08.75	2	8
3 Jones, Fynesse	JR Illinois College	5.21m	5.38m 17-08.00	2	6
4 Hoffa, Sidney	SO Ripon	5.32m	5.22m 17-01.50	2	5
5 Mayo, Lily	FR Grinnell	5.03m	5.01m 16-05.25	2	4
6 Landers, Rajanea	FR Grinnell	4.90m	4.93m 16-02.25	2	3
7 Rexroat, Delaney	SR Monmouth (Ill.)	4.64m	4.91m 16-01.50	1	2
8 Arnhold, Nicole	JR Ripon	4.96m	4.81m 15-09.50	2	1
9 Elliott-Rude, Eleanor	JR Grinnell	4.58m	4.67m 15-04.00	1	
10 Schultz, Lacie	SO Illinois College	4.74m	4.65m 15-03.25	2	
11 Bear, Sia	FR Cornell College	4.72m	4.61m 15-01.50	2	
12 Tait, Zahra	FR Lake Forest	4.73m	4.60m 15-01.25	2	
13 Yank, Irene	SR Lawrence	4.50m	4.56m 14-11.50	1	
14 Cross, Morgan	SO Lawrence	4.71m	4.39m 14-05.00	2	
15 Dailey, Megan	SR Monmouth (Ill.)	4.40m	J4.39m 14-05.00	1	
16 Vega Juarez, Itzel	JR Lawrence	4.54m	J4.39m 14-05.00	1	
17 Murphy, Naomi	SO Beloit	4.61m	4.30m 14-01.25	1	
18 Abernethy, Stella	FR Lake Forest	4.29m	4.17m 13-08.25	1	

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****....Women Long Jump**

19 Kaufman, Inessa	SO Lake Forest	4.15m	4.14m	13-07.00	1
20 Erickson, Jenna	SR Ripon	4.41m	4.12m	13-06.25	1
21 Sendall, Lexi	JR Knox	3.95m	3.86m	12-08.00	1

Women Triple Jump

Name	Year School	Seed	Finals	Points
1 Rusk, Maddie	JR Monmouth (Ill.)	9.60m	10.21m	33-06.00 10
2 Yank, Irene	SR Lawrence	9.92m	10.16m	33-04.00 8
3 Rexroat, Delaney	SR Monmouth (Ill.)	10.09m	J10.16m	33-04.00 6
4 Arnhold, Nicole	JR Ripon	10.20m	10.13m	33-03.00 5
5 Landers, Rajanea	FR Grinnell	10.31m	J10.13m	33-03.00 4
6 Oden, Melanie	JR Grinnell	9.65m	9.93m	32-07.00 3
7 Vanden Acker, Anna	JR Lawrence	9.98m	9.64m	31-07.50 2
8 Long, Ashlee	SO Lawrence	9.98m	9.36m	30-08.50 1
9 Tait, Zahra	FR Lake Forest		9.22m	30-03.00
10 Abernethy, Stella	FR Lake Forest		8.98m	29-05.50
11 Allen, Chloe	SO Monmouth (Ill.)	9.03m	J8.98m	29-05.50
12 Kaufman, Inessa	SO Lake Forest		8.25m	27-01.00
13 Elliott-Rude, Eleanor	JR Grinnell		8.16m	26-09.25

Women Shot Put

Name	Year School	Seed	Finals	H# Points
1 Boley, Maddie	SR Monmouth (Ill.)	13.66m	13.70m	44-11.50 2 10
2 Braun, Kayla	JR Monmouth (Ill.)	12.55m	13.35m	43-09.75 2 8
3 Earle, Alayna	SO Monmouth (Ill.)	12.21m	12.25m	40-02.25 2 6
4 Toth, Jillian	JR Monmouth (Ill.)	12.34m	11.89m	39-00.25 2 5
5 Galowitz, Kylie	JR Grinnell	11.79m	11.74m	38-06.25 2 4
6 Earles, Leslie	SR Illinois College	11.74m	11.57m	37-11.50 2 3
7 Teno, Delanie	JR Illinois College	11.01m	11.51m	37-09.25 2 2
8 Hasting, Natalie	FR Illinois College	11.22m	11.47m	37-07.75 2 1
9 Ruff, Lindsey	SR Illinois College	11.30m	11.30m	37-01.00 2
10 Osterson, Bri	SR Cornell College	10.84m	10.46m	34-04.00 2
11 Kronberger, Katherine	SR Beloit	10.41m	10.02m	32-10.50 1
12 Thunhurst, Zoe	FR Knox	9.78m	9.96m	32-08.25 1
13 Michaels, Hannah	FR Ripon	11.07m	9.83m	32-03.00 2
14 Ketterl, Kenzie	FR Knox	10.29m	9.79m	32-01.50 1
15 Mar, Robyn	SO Cornell College	10.02m	9.65m	31-08.00 1
16 Schmitt, Adelaide	FR Beloit	9.91m	9.61m	31-06.50 1
17 Vianden, Greta	FR Lawrence	9.09m	8.90m	29-02.50 1
18 Herrera, Kai	SR Beloit	9.50m	8.70m	28-06.50 1
19 Wallig, Darby	FR Knox	8.01m	8.37m	27-05.50 1
20 Hurst, Marlowe	FR Grinnell	7.56m	7.60m	24-11.25 1
21 Schuh, Mackenzie	SO Lawrence	7.48m	7.54m	24-09.00 1

Women Weight Throw

Name	Year School	Seed	Finals	H# Points
1 Boley, Maddie	SR Monmouth (Ill.)	18.47m	18.26m	59-11.00 2 10
2 Toth, Jillian	JR Monmouth (Ill.)	16.76m	16.32m	53-06.50 2 8
3 Braun, Kayla	JR Monmouth (Ill.)	15.66m	15.71m	51-06.50 2 6

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****....Women Weight Throw**

4	Nelson, Stephanie	SO Knox	14.89m	14.74m	48-04.50	2	5
5	Hasting, Natalie	FR Illinois College	15.02m	14.60m	47-11.00	2	4
6	Johnson, Abbie	JR Monmouth (Ill.)	14.57m	14.02m	46-00.00	2	3
7	DeJaynes, Kevlynn	FR Illinois College	14.00m	13.58m	44-06.75	2	2
8	Kronberger, Katherine	SR Beloit	13.76m	13.06m	42-10.25	2	1
9	Michaels, Hannah	FR Ripon	12.31m	12.39m	40-07.75	1	
10	Earles, Leslie	SR Illinois College	13.84m	11.97m	39-03.25	2	
11	Galowitz, Kylie	JR Grinnell	13.92m	11.95m	39-02.50	2	
12	Mar, Robyn	SO Cornell College	12.23m	11.87m	38-11.50	1	
13	Vianden, Greta	FR Lawrence	10.82m	11.28m	37-00.25	1	
14	Strovers, Maddy	JR Grinnell	11.26m	11.27m	36-11.75	1	
15	Schmitt, Adelaide	FR Beloit	12.37m	11.04m	36-02.75	1	
16	Johnson, Jada	JR Ripon	11.22m	10.98m	36-00.25	1	
17	Schuh, Mackenzie	SO Lawrence	10.55m	10.79m	35-05.00	1	
18	Herrera, Kai	SR Beloit	11.48m	10.62m	34-10.25	1	
19	Nsubuga, Nalwanga	SO Knox	9.69m	10.35m	33-11.50	1	
20	Osterson, Bri	SR Cornell College	13.01m	9.62m	31-06.75	1	
--	Teno, Delanie	JR Illinois College	13.84m	FOUL		2	

Men 60 Meter Dash

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Cefalu, Jacoby	SR	Ripon	6.84	6.93q	4 6.925
2 Yearby, Josh	SO	Beloit	6.89	6.93q	4 6.927
3 York, Johnny	JR	Monmouth (Ill.)	7.06	7.03q	4
4 Taylor, Janius	FR	Monmouth (Ill.)	7.09	7.06q	3 7.051
5 Beaty, Hadley	SO	Cornell College	7.06	7.06q	4 7.060
6 Stimler, Sam	FR	Illinois College	7.07	7.07q	4
7 Patterson, Da'Von	SO	Monmouth (Ill.)	7.13	7.08q	3 7.074
8 Logue, Jake	FR	Grinnell	7.04	7.08q	4 7.079
9 Bolds, Jayvon	FR	Knox	7.12	7.12	3
10 Carson, Ki'on	FR	Illinois College	7.28	7.16	2 7.155
11 Saunders, Jaden	SO	Illinois College	7.17	7.16	3 7.157
12 Larson, Blake	SO	Illinois College	7.21	7.16	3 7.158
13 Penson, Jeremiah	FR	Ripon	7.29	7.17	2
14 Platre, Niko	JR	Cornell College	7.23	7.21	3
15 Vander Galien, Logan	SR	Ripon	7.00	7.23	4
16 Nakamura, Shuntaro	SO	Lake Forest	7.23	7.25	3
17 Ify Deary, John-Charles	FR	Beloit	7.36	7.28	2
18 Sumoaro, Ayoub	SO	Beloit	7.39	7.33	2
19 Fitzgerald, Keaton	JR	Grinnell	7.22	7.35	3
20 Tsukahara, Taro	SR	Knox	7.50	7.38	1
21 Tyson, Trentyn	SO	Lake Forest	7.44	7.42	2 7.415
22 Ross, Payton	SO	Lake Forest	7.53	7.42	1 7.417
23 Barajas, Elijah	SO	Ripon	7.40	7.45	2
24 Rathburn, Justin	SO	Grinnell	7.56	7.49	1 7.481
25 Williams, Jalen	FR	Lake Forest	7.50	7.49	1 7.486
26 Cochrane, Tyler	FR	Cornell College	7.36	7.50	2
27 Barnes, Khairy	SO	Grinnell	7.68	7.68	1 7.679
28 Okuyama, Shuho	SO	Knox	7.78	7.68	1 7.680
29 Hooton, Frank	SO	Beloit	7.87	7.82	1
-- King-Mills, Eusebio	SR	Knox	7.36	FS	2

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****Men 60 Meter Dash**

Name	Year	School	Prelims	Finals	Points
Finals					
1 Cefalu, Jacoby	SR	Ripon	6.93	6.91	10
2 Yearby, Josh	SO	Beloit	6.93	6.92	8
3 York, Johnny	JR	Monmouth (Ill.)	7.03	7.04	6
4 Taylor, Janius	FR	Monmouth (Ill.)	7.06	7.10	5 7.093
5 Patterson, Da'Von	SO	Monmouth (Ill.)	7.08	7.10	4 7.097
6 Logue, Jake	FR	Grinnell	7.08	7.13	3 7.122
7 Stimler, Sam	FR	Illinois College	7.07	7.13	2 7.127
8 Beaty, Hadley	SO	Cornell College	7.06	7.14	1

Men 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Doss, Dylan	SO	Illinois College	21.51	21.73	8	10
2 Cefalu, Jacoby	SR	Ripon	21.83	21.97	8	8
3 Taylor, Janius	FR	Monmouth (Ill.)	22.47	22.37	6	6
4 Stimler, Sam	FR	Illinois College	22.52	22.39	6	5
5 Beaty, Hadley	SO	Cornell College	22.64	22.54	5	4
6 Davies, Jacob	SR	Ripon	22.54	22.58	5	3
7 Meeker, Jensen	SO	Cornell College	22.44	22.59	7	2
8 Patterson, Da'Von	SO	Monmouth (Ill.)	22.74	22.66	3	1
9 Otis, Nathaniel	JR	Beloit	22.84	22.81	4	
10 Miller, Jesse	FR	Grinnell	22.87	22.94	3	
11 Yearby, Josh	SO	Beloit	22.34	23.01	7	
12 Larson, Blake	SO	Illinois College	23.30	23.07	2	
13 Carson, Ki'on	FR	Illinois College	23.25	23.28	2	
14 Warren, Jake	FR	Grinnell	23.36	23.40	1	
15 Taddey, Kaden	FR	Ripon	23.45	23.47	1	
16 Ify Deary, John-Charles	FR	Beloit	23.83	23.60	5	
17 Lubin, Nick	FR	Lawrence	24.13	23.84	1	
18 Cross, Brendan	SO	Lawrence	23.61	23.89	7	
19 Vander Galien, Logan	SR	Ripon	23.83	23.91	6	
20 Logue, Jake	FR	Grinnell	23.89	23.92	3	
21 Wright, Mason	JR	Lake Forest	24.26	23.97	8	
22 Platre, Niko	JR	Cornell College	23.52	24.12	8	
23 Sumoaro, Ayouba	SO	Beloit	24.34	24.24	6	
24 Cochrane, Tyler	FR	Cornell College	23.85	24.27	4	
25 Tyson, Trentyn	SO	Lake Forest	24.55	24.33	7	
26 Nakamura, Shuntaro	SO	Lake Forest	24.01	24.48	2	
27 Fitzgerald, Keaton	JR	Grinnell		24.69	1	
28 Douthat, Andrew	SR	Lake Forest	26.03	25.49	5	
29 Nakamichi, Arito	JR	Knox	26.72	25.99	4	
30 Le, Tan	FR	Knox	27.92	27.21	3	
31 Nguyen, Khanh	FR	Knox	29.68	28.89	2	
32 Ibrahim, Abdul	FR	Knox	30.01	29.43	1	

Men 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Doss, Dylan	SO	Illinois College	49.59	48.61	7	10
2 Otis, Nathaniel	JR	Beloit	50.44	49.33	6	8

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****....Men 400 Meter Dash**

3	Meeker, Jensen	SO Cornell College	49.84	49.63	7	6
4	Davies, Jacob	SR Ripon	50.25	49.80	6	5
5	Bunders, Seth	FR Ripon		50.19	2	4
6	O'Brien, Linus	FR Grinnell	51.60	51.08	5	3
7	McGuire, Jaxin	JR Cornell College	51.69	51.24	4	2
8	Outlaw, Adrian	SO Monmouth (Ill.)	51.80	51.33	4	1
9	Staker, Chase	FR Cornell College	50.71	51.60	5	
10	Atou, Alexandre	SR Beloit	52.26	51.77	3	
11	Zook, Tristan	JR Lawrence	52.41	51.82	2	
12	Pfister, Caden	SO Grinnell	51.85	52.03	3	
13	Cushman, Drew	FR Illinois College	54.72	53.22	5	
14	Williams, Amir	FR Ripon	54.34	54.22	7	
15	Bateman, Will	SO Illinois College	54.23	54.54	1	
16	Jackson, Marcus	SO Lawrence	53.22	54.64	2	
17	Boev, Ryan	JR Grinnell	54.83	54.96	4	
18	Wooten, Zachary	FR Illinois College	55.28	55.62	2	
19	Pavlov, Alex	FR Lake Forest	55.08	56.01	3	
20	Lungu, Matthew	JR Lake Forest	53.70	56.28	1	
21	Keuler, Reuben	FR Lawrence	54.71	56.82	6	
22	Foo, Liam	FR Lake Forest	57.26	57.05	1	
23	Okwu, Nathan	SO Lake Forest	1:02.37	57.06	6	
24	Upadhyay, Prince	SR Beloit		57.24	3	
25	Witherite, Conall	FR Beloit	57.98	58.45	7	
26	Strutzel, Ethan	SO Knox	1:03.02	1:01.79	5	

Men 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Newton, Eli	SR Monmouth (Ill.)	1:55.84	1:56.05	4	10
2 Isaacson, Fisher	SR Cornell College	1:56.28	1:56.92	4	8
3 Meyer, Zach	FR Lawrence	1:55.79	1:56.99	4	6
4 Hunt, Gabe	SR Cornell College	1:59.49	1:57.89	4	5
5 Romprey, Adisun	SO Ripon	1:58.23	1:57.97	4	4
6 Villanueva, Rainier	SR Ripon	1:56.06	1:58.07	4	3
7 Hutchings, Isaak	SR Cornell College		1:58.77	1	2
8 Chestovich, Andy	JR Grinnell	1:59.14	1:59.30	4	1
9 Welch-Groves, Cameron	JR Grinnell	2:00.01	2:00.25	3	
10 Heagy, Connor	JR Grinnell	2:00.70	2:01.26	3	
11 Francis, Ollie	SO Lake Forest	1:59.05	2:01.96	4	
12 Block, Owen	SO Grinnell	2:05.36	2:04.49	3	
13 Thorson, Bergen	JR Lawrence	2:04.40	2:04.74	3	
14 Anderson, Elek	SO Lawrence	2:09.13	2:07.18	2	
15 Daniel, Kembre	FR Beloit	2:02.73	2:07.27	3	
16 Lashenik, Owen	FR Lake Forest	2:03.71	2:07.57	3	
17 Draginis, Ryan	SO Lawrence	2:06.25	2:07.62	2	
18 Hewes, Austin	SO Lake Forest	2:04.21	2:07.70	3	
19 Thomas, Jamar	SR Ripon	2:10.30	2:10.34	2	
20 Rathmann, Cooper	FR Beloit	2:13.68	2:12.56	2	
21 Pierce, Camden	FR Illinois College		2:14.23	1	
22 Pollard, Chasyn	FR Knox	2:19.10	2:17.40	1	
23 Cortinas, Aiden	SR Beloit	2:11.42	2:17.41	2	
24 Parsons, Ian	FR Lake Forest	2:16.03	2:19.31	2	
25 Fein, Jake	SO Beloit	2:27.60	2:25.93	1	

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****Men 1 Mile Run**

Name	Year	School	Seed	Finals	H#	Points
1 vanWestrienen, Isaac	JR	Cornell College	4:07.52	4:18.32	2	10
2 Soda, Gabe	SR	Cornell College	4:16.88	4:19.04	2	8
3 Newton, Eli	SR	Monmouth (Ill.)	4:19.99	4:19.76	2	6
4 Hunt, Gabe	SR	Cornell College	4:22.79	4:19.81	2	5
5 Robinson, Luke	JR	Grinnell	4:18.95	4:20.30	2	4
6 Villanueva, Rainier	SR	Ripon	4:22.68	4:21.13	2	3
7 Brophy, Bart	SR	Lake Forest	4:30.68	4:26.87	2	2
8 Newman, Jason	FR	Grinnell	4:28.41	4:28.50	2	1
9 Heagy, Connor	JR	Grinnell	4:27.95	4:31.19	2	
10 Hansen, Nick	FR	Lawrence	4:21.77	4:37.59	2	
11 Lashenik, Owen	FR	Lake Forest	4:47.06	4:42.21	1	
12 Faiz, Ali	SO	Lake Forest	4:47.62	4:46.50	1	
13 Beck, Sam	SO	Grinnell		4:47.05	1	
14 Cortinas, Aiden	SR	Beloit	4:53.05	4:51.58	1	
15 Wetzels-Meehan, Ray	JR	Lawrence	4:38.91	4:54.09	2	
16 Rathmann, Cooper	FR	Beloit	5:07.65	4:56.23	1	
17 Pierce, Camden	FR	Illinois College	5:01.04	5:00.28	1	
18 Beaumont, Will	FR	Lawrence	5:04.46	5:04.34	1	
19 Gerdes, Ryan	SR	Illinois College	4:45.15	5:05.89	1	
20 Sutherland, Tyson	SO	Lake Forest	5:21.70	5:22.04	1	
21 Fox, Cal	FR	Beloit	5:27.19	5:34.67	1	
-- Kuwaye, Christian	SR	Ripon	4:26.70	DNF	2	

Men 3000 Meter Run Heat 2@ 2:40

Name	Year	School	Seed	Finals	H#	Points
1 vanWestrienen, Isaac	JR	Cornell College	8:09.42	8:29.26	2	10
2 Soda, Gabe	SR	Cornell College	8:42.17	8:31.17	2	8
3 Robinson, Luke	JR	Grinnell	8:52.11	8:38.79	2	6
4 Miller, Lance	JR	Knox	8:47.84	8:43.39	2	5
5 Lee, Finn	SO	Lawrence	8:39.90	8:46.79	2	4
6 Seeber, Matt	SR	Ripon	8:55.69	8:47.61	2	3
7 Schopen, Caleb	SR	Cornell College	8:56.09	8:51.88	2	2
8 Newman, Jason	FR	Grinnell	8:59.68	9:00.63	2	1
9 Malmgren, Dylan	FR	Beloit	9:00.25	9:10.80	1	
10 Boggs, Devin	SR	Illinois College	9:15.38	9:25.92	1	
11 Biesenthal, Robby	SO	Illinois College	9:10.40	9:26.79	1	
12 Cassidy, Ryan	SO	Lawrence	8:56.14	9:28.65	2	
13 Reemtsma, Max	SO	Lawrence	9:27.05	9:46.66	1	
14 Hannig, Nick	JR	Illinois College	9:57.45	10:10.75	1	
15 Wall, Sawyer	SO	Beloit	10:24.74	10:15.05	1	
16 Anderson, Bradyn	FR	Illinois College	10:35.83	11:07.08	1	
17 Muszynski, Max	JR	Beloit	11:36.83	11:32.49	1	

Men 5000 Meter Run Heat 2@ 4:00

Name	Year	School	Seed	Finals	H#	Points
1 vanWestrienen, Isaac	JR	Cornell College	14:00.49	15:01.55	2	10
2 Miller, Lance	JR	Knox	15:24.05	15:06.69	2	8
3 Seeber, Matt	SR	Ripon	15:45.80	15:08.51	2	6
4 Schopen, Caleb	SR	Cornell College	15:32.92	15:26.37	2	5

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****...Men 5000 Meter Run Heat 2@ 4:00**

5	Lee, Finn	SO Lawrence	15:41.22	15:39.37	2	4
6	Malmgren, Dylan	FR Beloit	15:50.41	15:45.73	2	3
7	Cassiday, Ryan	SO Lawrence	15:32.05	16:02.20	2	2
8	Beck, Sam	SO Grinnell	15:42.27	16:02.24	2	1
9	Imm, Greyson	FR Grinnell	16:13.29	16:14.06	1	
10	Michaelson, Aidan	FR Grinnell	16:11.35	16:25.75	2	
11	Boggs, Devin	SR Illinois College	16:07.04	16:28.80	2	
12	Plumley, William	SR Monmouth (Ill.)	16:26.29	16:30.48	1	
13	Popoca, Thomas	SR Lawrence	16:28.97	16:34.19	1	
14	Saloun, Jeremy	JR Ripon	15:50.80	16:35.58	2	
15	Hardy, Caleb	FR Lawrence	16:39.08	16:45.12	1	
16	Ratner, Misha	FR Knox	16:54.19	16:55.16	1	
17	Abelow, Ben	FR Grinnell	15:40.57	17:15.88	2	
18	Varnum, Elliott	FR Knox	17:38.77	17:27.99	1	
19	Manoukis, Demos	FR Lake Forest	17:51.12	17:29.38	1	
20	McClusky, Evan	SO Knox	16:46.67	17:29.78	1	
21	Hannig, Nick	JR Illinois College	17:46.50	17:36.33	1	
22	Wall, Sawyer	SO Beloit	18:06.77	17:48.85	1	
23	Muszynski, Max	JR Beloit	20:49.37	19:45.83	1	
24	Zunker, Jack	SO Lake Forest		19:46.77	1	
25	Eichfeld, Owen	SR Beloit		21:35.24	1	
--	Cadiz, Patrick	SO Lake Forest	18:24.36	DNF	1	

Men 60 Meter Hurdles

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Hernandez, Adam	SO Illinois College	8.52	8.49q	2
2 Otis, Nathaniel	JR Beloit	8.79	8.52q	2
3 Ross, Payton	SO Lake Forest	8.58	8.68q	2
4 Soutsos, Peter	JR Monmouth (Ill.)	8.91	8.72q	2
5 Ladage, Zak	SO Ripon	8.81	8.79q	2
6 Leisher, Ilem	SO Grinnell	8.90	8.91q	2
7 Phillips, Dorian	JR Ripon	8.93	8.92q	2
8 Anderson, Jacob	JR Knox	9.06	9.00q	1
9 Barth, Nathan	SO Illinois College	9.58	9.32	1
10 Schomberg, Jacob	FR Grinnell	9.56	9.42	1
11 James, Xavier	SR Grinnell	8.96	9.50	2
12 Stegall, Asa	FR Monmouth (Ill.)	9.72	9.59	1

Men 60 Meter Hurdles

Name	Year School	Prelims	Finals	Points
Finals				
1 Hernandez, Adam	SO Illinois College	8.49	8.42	10
2 Otis, Nathaniel	JR Beloit	8.52	8.57	8
3 Ross, Payton	SO Lake Forest	8.68	8.61	6
4 Ladage, Zak	SO Ripon	8.79	8.78	5
5 Phillips, Dorian	JR Ripon	8.92	8.94	4
6 Anderson, Jacob	JR Knox	9.00	8.97	3
7 Leisher, Ilem	SO Grinnell	8.91	9.06	2
8 Soutsos, Peter	JR Monmouth (Ill.)	8.72	9.07	1

2025 Midwest Conference Indoor Track & Field Championships - 2/28/2025 to 3/1/**Monmouth, College****Results****Men 4x200 Meter Relay**

School	Seed	Finals	H#	Points
1 Illinois College 'A'	1:31.19	1:28.67	2	10
1) Doss, Dylan SO	2) Hernandez, Adam SO			
3) Larson, Blake SO	4) Stimler, Sam FR			
2 Ripon 'A'	1:30.32	1:29.64	2	8
1) Manning, Finley JR	2) Vander Galien, Logan SR			
3) Cefalu, Jacoby SR	4) Davies, Jacob SR			
3 Beloit 'A'	1:31.60	1:30.00	2	6
1) Yearby, Josh SO	2) Zewdie, Israel SO			
3) Atou, Alexandre SR	4) Otis, Nathaniel JR			
4 Monmouth (Ill.) 'A'	1:30.33	1:30.57	2	5
1) Taylor, Janius FR	2) Patterson, Da'Von SO			
3) Outlaw, Adrian SO	4) Curry, Patrick JR			
5 Cornell College 'A'	1:33.15	1:30.58	1	4
1) Beaty, Hadley SO	2) McGuire, Jaxin JR			
3) Platre, Niko JR	4) Meeker, Jensen SO			
6 Grinnell 'A'	1:32.69	1:30.97	2	3
1) Warren, Jake FR	2) O'Brien, Linus FR			
3) Pfister, Caden SO	4) Miller, Jesse FR			
7 Knox 'A'	1:33.87	1:33.30	1	2
1) Bolds, Jayvon FR	2) Anderson, Jacob JR			
3) King-Mills, Eusebio SR	4) Djambazian, Chrisangel FR			
8 Lawrence 'A'		1:34.90	1	1
1) Jackson, Marcus SO	2) Cross, Brendan SO			
3) Lubin, Nick FR	4) Zook, Tristan JR			
-- Lake Forest 'A'	1:34.73	DQ	1	R:7-5.3a
1) Nakamura, Shuntaro SO	2) Pavlov, Alex FR			
3) Wright, Mason JR	4) Lungu, Matthew JR			

Men 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Illinois College 'A'	3:27.74	3:23.09	2	10
1) Doss, Dylan SO	2) Bacon, Jack FR			
3) Hernandez, Adam SO	4) Stimler, Sam FR			
2 Cornell College 'A'	3:23.17	3:23.29	2	8
1) Staker, Chase FR	2) McGuire, Jaxin JR			
3) Jacobs, Currey JR	4) Meeker, Jensen SO			
3 Monmouth (Ill.) 'A'	3:25.92	3:24.24	2	6
1) Patterson, Da'Von SO	2) Newton, Eli SR			
3) Taylor, Janius FR	4) Outlaw, Adrian SO			
4 Ripon 'A'	3:27.64	3:25.24	2	5
1) Davies, Jacob SR	2) Villanueva, Rainier SR			
3) Bunders, Seth FR	4) Romprey, Adisun SO			
5 Grinnell 'A'	3:28.84	3:27.96	1	4
1) James, Xavier SR	2) Chestovich, Andy JR			
3) O'Brien, Linus FR	4) Pfister, Caden SO			
6 Lawrence 'A'	3:28.36	3:29.18	1	3
1) Jackson, Marcus SO	2) Lockett, Alex SO			
3) Zook, Tristan JR	4) Meyer, Zach FR			
7 Beloit 'A'	3:24.10	3:31.20	2	2
1) Otis, Nathaniel JR	2) Atou, Alexandre SR			
3) Zewdie, Israel SO	4) Yearby, Josh SO			

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8 Knox 'A'	3:38.09	3:35.57	1	1
1) King-Mills, Eusebio SR	2) Lautzenhiser, Ryan FR			
3) Vazquez, A.J. SR	4) Djambazian, Chrisangel FR			
9 Lake Forest 'A'	3:37.16	3:37.92	1	
1) Pavlov, Alex FR	2) Brophy, Bart SR			
3) Francis, Ollie SO	4) Lungu, Matthew JR			

Men 1600 Sprint Medley

School	Seed	Finals	H#	Points
1 Lawrence 'A'	3:45.83	3:36.18	1	10
1) Cross, Brendan SO	2) Buehrer, Henry FR			
3) Luckett, Alex SO	4) Meyer, Zach FR			
2 Grinnell 'A'	3:40.88	3:36.43	2	8
1) Warren, Jake FR	2) O'Brien, Linus FR			
3) Pfister, Caden SO	4) Chestovich, Andy JR			
3 Beloit 'A'		3:38.91	1	6
1) Yearby, Josh SO	2) Otis, Nathaniel JR			
3) Atou, Alexandre SR	4) Daniel, Kembre FR			
4 Lake Forest 'A'		3:39.88	1	5
1) Pavlov, Alex FR	2) Wright, Mason JR			
3) Lungu, Matthew JR	4) Francis, Ollie SO			
5 Illinois College 'A'	3:43.41	3:47.34	2	4
1) Doss, Dylan SO	2) Carson, Ki'on FR			
3) Cushman, Drew FR	4) Bacon, Jack FR			
6 Ripon 'A'	3:43.32	3:56.01	2	3
1) Manning, Finley JR	2) Brobst, Aiden FR			
3) Romprey, Adisun SO	4) Taddey, Kaden FR			
7 Knox 'A'	3:49.25	4:05.28	1	2
1) Tsukahara, Taro SR	2) Okuyama, Shuho SO			
3) Nakamichi, Arito JR	4) Pollard, Chasyn FR			
-- Cornell College 'A'	3:45.27	DQ	2	R:7-5.3a
1) Cochrane, Tyler FR	2) Hernandez, Dalles FR			
3) Staker, Chase FR	4) Isaacson, Fisher SR			
-- Monmouth (Ill.) 'A'	3:33.01	DQ	2	R:7-8.1c
1) Taylor, Janius FR	2) Patterson, Da'Von SO			
3) Outlaw, Adrian SO	4) Newton, Eli SR			

Men Distance Medley

School	Seed	Finals	Points
1 Cornell College 'A'	10:20.53	10:38.33	10
1) Morris, Isaac FR	2) Jacobs, Currey JR		
3) Briggs, Jamie FR	4) Bilskie, Tyler SR		
2 Lawrence 'A'		10:39.43	8
1) Hansen, Nick FR	2) Jackson, Marcus SO		
3) Luckett, Alex SO	4) Cassiday, Ryan SO		
3 Lake Forest 'A'		10:41.57	6
1) Lashenik, Owen FR	2) Lungu, Matthew JR		
3) Hewes, Austin SO	4) Brophy, Bart SR		
4 Knox 'A'		10:46.49	5
1) Ratner, Misha FR	2) Djambazian, Chrisangel FR		
3) Lawrence, Max SO	4) Miller, Lance JR		

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5 Grinnell 'A'	10:51.03	10:47.72	4
1) Williams, Carter SR	2) Glessner, Clay FR		
3) Block, Owen SO	4) Heagy, Connor JR		
6 Beloit 'A'	11:43.74	10:51.66	3
1) Daniel, Kembre FR	2) Hartberg, Elijah FR		
3) Cortinas, Aiden SR	4) Malmgren, Dylan FR		
7 Illinois College 'A'	11:14.80	10:58.03	2
1) Gerdes, Ryan SR	2) Bateman, Will SO		
3) Dettmer, Caden JR	4) Biesenthal, Robby SO		
8 Ripon 'A'		11:02.54	1
1) Saloun, Jeremy JR	2) Manning, Finley JR		
3) Hornby, Jaxon FR	4) Brobst, Aiden FR		
9 Monmouth (Ill.) 'A'	11:15.78	11:02.97	
1) Avila-Rubio, Fernando FR	2) Grice, Lane JR		
3) Curry, Patrick JR	4) Plumley, William SR		

Men High Jump

Name	Year School	Seed	Finals	Points
1 Fisher, Ben	SR Ripon	2.07m	1.95m	6-04.75 10
2 Otis, Nathaniel	JR Beloit	1.86m	1.85m	6-00.75 8
3 Hernandez, Adam	SO Illinois College	1.75m	1.80m	5-10.75 5.50
3 Novelle, Jack	JR Grinnell	1.86m	1.80m	5-10.75 5.50
5 Lins, Kyan	FR Ripon	1.90m	J1.80m	5-10.75 4
6 Claussen-Tubbs, Ike	FR Cornell College	1.76m	J1.80m	5-10.75 3
7 Curry, Patrick	JR Monmouth (Ill.)	1.80m	1.75m	5-08.75 2
8 Trzebiatowski, Nick	FR Ripon	1.63m	1.70m	5-07.00 1
9 Morse, Logan	SO Monmouth (Ill.)	1.81m	J1.70m	5-07.00
9 Gustafson, James	FR Monmouth (Ill.)	1.72m	J1.70m	5-07.00
11 Reavis, Luke	SO Monmouth (Ill.)	1.68m	1.60m	5-03.00
11 Reed, Jack	SO Grinnell	1.61m	1.60m	5-03.00
13 Johnson, Myhkia	FR Ripon	1.55m	J1.60m	5-03.00

Men Pole Vault

Name	Year School	Seed	Finals	Points
1 Bright, Matt	FR Monmouth (Ill.)	3.75m	4.00m	13-01.50 10
2 Rath, Sean	JR Ripon	3.30m	3.60m	11-09.75 8
3 Fox, Cal	FR Beloit	3.51m	3.45m	11-03.75 6
4 Phillips, Dorian	JR Ripon	3.30m	3.15m	10-04.00 5
5 Norrbom, Werner	FR Lawrence	3.30m	3.00m	9-10.00 4
6 Rathmann, Cooper	FR Beloit	2.82m	J3.00m	9-10.00 3
7 Keuler, Reuben	FR Lawrence		2.40m	7-10.50 2
-- Dettmer, Caden	JR Illinois College	2.70m	NH	

Men Long Jump

Name	Year School	Seed	Finals	H#	Points
1 Doss, Dylan	SO Illinois College	7.22m	7.22m	23-08.25	3 10
2 Fisher, Ben	SR Ripon	6.59m	6.71m	22-00.25	3 8
3 Beaty, Hadley	SO Cornell College	6.66m	J6.71m	22-00.25	3 6
4 Zook, Tristan	JR Lawrence	6.41m	6.60m	21-08.00	3 5

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5	Vazquez, A.J.	SR Knox	6.17m	6.56m	21-06.25	2	4
6	Miller, Jesse	FR Grinnell	6.53m	6.55m	21-06.00	3	3
7	Ify Deary, John-Charles	FR Beloit	6.79m	6.54m	21-05.50	3	2
8	Hagberg, Leo	SO Lawrence	6.46m	6.49m	21-03.50	3	1
9	Davies, Jacob	SR Ripon	6.39m	6.44m	21-01.50	3	
10	Vander Galien, Logan	SR Ripon	6.52m	6.27m	20-07.00	3	
11	Lins, Kyan	FR Ripon	6.30m	6.25m	20-06.25	2	
12	Saunders, Jaden	SO Illinois College	6.36m	6.19m	20-03.75	2	
13	Hernandez, Dalles	FR Cornell College	6.32m	6.17m	20-03.00	2	
14	Sipes, Adam	SO Illinois College	6.15m	6.14m	20-01.75	2	
15	Oliveira, Casey	SO Grinnell	6.30m	6.13m	20-01.50	2	
16	Kollman, Jacob	FR Illinois College	6.37m	6.12m	20-01.00	3	
17	Ruffin, Tashawn	SO Monmouth (Ill.)	6.31m	6.08m	19-11.50	2	
18	Buehrer, Henry	FR Lawrence		6.05m	19-10.25	1	
19	Williams, Jalen	FR Lake Forest	5.91m	5.99m	19-08.00	1	
20	Johnson, Damone	FR Monmouth (Ill.)	5.73m	5.87m	19-03.25	1	
21	Arhebun, Drew	SO Beloit	6.03m	5.84m	19-02.00	2	
22	York, Johnny	JR Monmouth (Ill.)	6.31m	J5.84m	19-02.00	2	
23	Soivilien, Kevins	SO Monmouth (Ill.)	5.97m	5.77m	18-11.25	1	
24	Zewdie, Israel	SO Beloit	6.14m	5.70m	18-08.50	2	
25	Talty, Ryan	FR Lake Forest		5.68m	18-07.75	1	
26	Bhandari, Vanshith	JR Beloit	5.67m	5.51m	18-01.00	1	
27	Bolanos, Marco	SO Lake Forest	4.75m	4.51m	14-09.75	1	
28	Mulimba, Mwesigwa	JR Lake Forest	4.51m	4.40m	14-05.25	1	
29	Wallace, Christian	FR Knox	4.02m	3.84m	12-07.25	1	
--	Reed, Jack	SO Grinnell	5.52m	FOUL		1	

Men Triple Jump

Name	Year School	Seed	Finals	H#	Points
1 Ruffin, Tashawn	SO Monmouth (Ill.)	13.68m	13.92m	45-08.00	2 10
2 Vazquez, A.J.	SR Knox	13.19m	13.60m	44-07.50	2 8
3 Hagberg, Leo	SO Lawrence	13.27m	13.31m	43-08.00	2 6
4 Kollman, Jacob	FR Illinois College	13.25m	13.20m	43-03.75	2 5
5 Oliveira, Casey	SO Grinnell	12.96m	13.03m	42-09.00	2 4
6 Dykstra, Murphy	SO Grinnell	12.45m	12.93m	42-05.25	1 3
7 Fisher, Ben	SR Ripon	12.68m	12.70m	41-08.00	2 2
8 Talty, Ryan	FR Lake Forest	13.33m	12.62m	41-05.00	2 1
9 Vasquez, Dario	FR Ripon	12.26m	12.57m	41-03.00	1
10 Trzebiatowski, Nick	FR Ripon	12.40m	12.55m	41-02.25	1
11 Hernandez, Dalles	FR Cornell College	12.36m	12.43m	40-09.50	1
12 Zewdie, Israel	SO Beloit	12.81m	12.40m	40-08.25	2
13 Platre, Niko	JR Cornell College	12.24m	12.35m	40-06.25	1
14 Novelle, Jack	JR Grinnell	11.89m	11.82m	38-09.50	1
15 Johnson, Damone	FR Monmouth (Ill.)	11.91m	11.62m	38-01.50	1
16 Bhandari, Vanshith	JR Beloit	11.32m	10.75m	35-03.25	1

Men Shot Put

Name	Year School	Seed	Finals	H#	Points
1 Martinez Marte, Joshua	SO Beloit	15.05m	14.40m	47-03.00	3 10
2 Anderson, Shane	SR Monmouth (Ill.)	14.18m	14.37m	47-01.75	3 8
3 Orwig, Blake	JR Monmouth (Ill.)	14.75m	14.31m	46-11.50	3 6

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4	Toberman, Caleb	SR Monmouth (Ill.)	16.78m	14.20m	46-07.25	3	5
5	Rodgers, Deon	JR Illinois College	14.04m	14.14m	46-04.75	3	4
6	Hanson, Noah	SO Ripon	14.42m	13.84m	45-05.00	3	3
7	Bryant, Gunner	SO Monmouth (Ill.)	13.68m	13.42m	44-00.50	3	2
8	Picard, Braedy	SO Ripon	13.67m	13.37m	43-10.50	2	1
9	Moushon, Xander	SR Illinois College	13.47m	13.33m	43-09.00	2	
10	Williams, Brody	SO Cornell College	13.08m	13.11m	43-00.25	2	
11	Yelkin, Nicholas	SR Cornell College	12.25m	12.98m	42-07.00	1	
12	Hodge, Melvin	JR Illinois College	14.25m	12.93m	42-05.25	3	
13	Clawson, Ian	JR Grinnell	11.95m	12.86m	42-02.25	1	
14	Immel, Brady	FR Ripon	12.65m	12.63m	41-05.25	2	
15	Bahu, Michael	SR Cornell College	13.11m	12.31m	40-04.75	2	
16	Leopoldo, Caleb	FR Grinnell	12.33m	11.96m	39-03.00	2	
17	Krowas, Pierce	SO Ripon	11.56m	11.87m	38-11.50	1	
18	Jenkins, Julius	FR Cornell College	12.30m	11.85m	38-10.50	2	
19	Elisme, Colson	FR Knox	12.52m	11.56m	37-11.25	2	
20	Brennan, Oleg	FR Grinnell	10.60m	11.37m	37-03.75	1	
21	Dewar, Raymond	SR Beloit	11.17m	11.34m	37-02.50	1	
22	Slatte, Cooper	SR Beloit	11.08m	11.11m	36-05.50	1	
23	McLaughlin, Jack	SO Lawrence	10.80m	10.88m	35-08.50	1	
24	Leonard, Rory	FR Grinnell	12.28m	10.85m	35-07.25	2	
25	Ian, Thomas	SR Beloit	6.68m	6.74m	22-01.50	1	
--	Hernandez, Saul	JR Illinois College	14.81m	FOUL		3	

Men Weight Throw

Name	Year School	Seed	Finals	H#	Points
1 Anderson, Shane	SR Monmouth (Ill.)	19.88m	19.57m	64-02.50	3 10
2 Rodgers, Deon	JR Illinois College	16.41m	17.42m	57-02.00	3 8
3 Toberman, Caleb	SR Monmouth (Ill.)	19.01m	17.12m	56-02.00	3 6
4 Hodge, Melvin	JR Illinois College	17.06m	16.91m	55-05.75	3 5
5 Clawson, Ian	JR Grinnell	17.59m	16.84m	55-03.00	3 4
6 Orwig, Blake	JR Monmouth (Ill.)	16.98m	16.74m	54-11.25	3 3
7 Bryant, Gunner	SO Monmouth (Ill.)	16.71m	16.48m	54-01.00	3 2
8 Bahu, Michael	SR Cornell College	15.88m	16.08m	52-09.25	2 1
9 Moushon, Xander	SR Illinois College	15.89m	15.37m	50-05.25	3
10 Williams, Brody	SO Cornell College	16.33m	15.25m	50-00.50	3
11 Krowas, Pierce	SO Ripon	14.77m	14.64m	48-00.50	2
12 Immel, Brady	FR Ripon	13.69m	14.63m	48-00.00	2
13 Dzolic, Stevan	JR Knox	14.85m	14.34m	47-00.75	2
14 Martinez Marte, Joshua	SO Beloit	15.02m	14.09m	46-02.75	2
15 Yelkin, Nicholas	SR Cornell College	14.26m	13.95m	45-09.25	2
16 Picard, Braedy	SO Ripon	13.63m	13.62m	44-08.25	2
17 Lopez, Isaiah	FR Cornell College	13.63m	13.25m	43-05.75	2
18 Hanson, Noah	SO Ripon	13.42m	12.94m	42-05.50	1
19 Elisme, Colson	FR Knox	12.37m	12.87m	42-02.75	1
20 Brennan, Oleg	FR Grinnell	13.75m	12.16m	39-10.75	2
21 Bell, Jake	SO Grinnell	11.84m	12.01m	39-05.00	1
22 Dewar, Raymond	SR Beloit	10.91m	11.67m	38-03.50	1
23 Leonard, Rory	FR Grinnell	12.73m	11.32m	37-01.75	1
24 Slatte, Cooper	SR Beloit	10.41m	10.76m	35-03.75	1
25 McLaughlin, Jack	SO Lawrence	11.86m	10.18m	33-04.75	1
26 Cernich, Austin	JR Knox	8.05m	8.22m	26-11.75	1
-- Hodge, Josh	FR Illinois College	13.38m	FOUL		1